



Awesome Life Success

Where Magic and Money Connect

For More Focus, Fun and Freedom in Your Life

1-207-200-4335 * karenstultz.com* www.AwesomeLifePodcast.com



Stay True To Your Values To Have an Awesome Life!

What are core values?

Core values are an individual or organization's fundamental beliefs and highest priorities that drive their decisions and behavior.

It's an "Internal Compass", when you are living your Core values...things just feel good, and usually go well 😊

They are what provides us the energy and drive, to keep us moving forward.

If you are like me, It may take some "trial and error", to discover your core values, especially your top five. The top five core values are the ones that will influence you and all your decisions.

When we are NOT living our "Top 5 Core Values", that is when things can get hard...why? Because we are trying to live and take action on someone else's core values...and they may not be true to yours, so we often find ourselves in conflict.

Defining your personal values can help shape who you are and what you do. When faced with certain decisions, you can refer back to core values to be sure that you act according to what truly matters to you.

So How Do I Know What My Core Values Are?

From the outside, people often look at core values as your character or morality.

These beliefs dig down to the very root of our identity and steer us in the direction that feels right, they are aligned with who we truly are.

So, if you find yourself feeling stuck about a decision, trying to figure out what is best for you, knowing your core values can help.

You...

Feel more confident in your decisions

Listen to your intuition or "inner guidance."

Have more conviction in your daily life

Are confident in your version of success

Make choices that match your overall joy, prosperity and freedom.

Your values are ultimately what drive your identity and your decisions. Use this list of potential core values, and you can add to them, or adjust them to work for you...Your greatest gift, is the power of "choice".

We don't always have choices in our circumstances, but we always have a choice of how to respond to those circumstances...There is no judgment or right or wrong...it is your choice...so look at this list and have fun Choosing 😊

What is An Example of A Core Value?

Integrity, kindness, honesty, and financial security are typical examples of personal core values. Others often see these values as your character traits. For example, someone is known for always doing the right thing likely values integrity.

Suppose you have a core value of freedom. In that case, you might avoid traditional work and instead work as an entrepreneur—even if this means working longer hours and having more financial uncertainty.

Another common example relates to money. Pretend like your close friend has a fancy car. When you ride in the car with them, you think, “Wow, someday I am going to buy myself one of these.”

But when you get home, remember that you genuinely value financial security for your family more than flashy material items. Even if you had the money to buy that car, you wouldn't do it because it doesn't align with your deeper values in life.

Use this master list of personal values to narrow down what matters most to you. We've included fundamental values, personal values in relationships, values in work, and values for life as a whole.

Basic List of Beliefs and Values (Add more that may come to mind 😊)

Humans have the power to use their core values to make moral judgments. To do so, each individual must decide what they value most in life. Here are the most fundamental ethics that people identify with:

<i>Personal Values</i>	Openness	Wealth	Independence
Honesty	Accountability	Beauty	Efficiency
Integrity	Compassion	Intuition	Promise-keeping
Wisdom	Success	Prosperity	Fairness
Autonomy	Self-love	Change	Sincerity
Loyalty	Spirituality	Gracefulness	Accuracy
Abundance	Justice	Peacefulness	Goodness
Kindness	Forgiveness	Acceptance	Hope
Charity	Caring	Humor	Honor
Respect	Faith	Harmony	Humility
Courage	Beauty	Balance	Insightfulness
Generosity	Spirituality	Joy/Fun	Influence
Gratitude			

Lawfulness			
Decisiveness			
Knowledge			
Calmness			
Bliss			
Clarity			
Cleanliness			
Boldness			
Optimism			
Bravery			
Friendliness			
Selflessness			

<i>Values in Relationships What is most important to you in a friend or significant other.</i>	Romance	Patience	
	Passion	Confidence	
Trust	Affection	Equal Relationship	
Affection	Quality Time	Traditional Gender Roles	
Listening	Dedication	Showing Appreciation	
Thoughtfulness	Reliability	Mutual Support	
Deep Connections	Empathy		
Patience	Stability		
Reciprocity	Tolerance		
Appreciation	Emotional Intelligence		
Fidelity	Gentleness		
Faithfulness	Warmth		
Clear Communication	Cooperation		
Playfulness	Sweetness		
	Intimacy		
	Gift-Giving		

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<p><i>Values in Work help you determine the broader vision of your career and your daily performance in the workplace.</i></p> <p>Timeliness</p> <p>Persistence</p> <p>Dedication to the Excellence</p> <p>Growth Mindset</p> <p>Diversity</p> <p>Teamwork</p> <p>Work-Life Balance</p> <p>Innovation</p> <p>Ingenuity</p> <p>Work Smarter, Not Harder</p> <p>Professionalism</p> <p>Fame</p> <p>Power</p> <p>Hard Work Ethic</p> <p>Leadership</p> <p>Entrepreneurship</p> <p>Self-Development</p> <p>Dynamic Responses</p> <p>Tidiness</p> <p>Organization</p>	<p>Quality</p> <p>Responsibility</p> <p>Credibility</p> <p>Encouragement</p> <p>Adaptability</p> <p>Self-Motivation</p> <p>Service to Others</p> <p>Profit</p> <p>Constructive Criticism</p> <p>Management</p> <p>Consistency</p> <p>Enthusiasm</p> <p>Achievement</p> <p>Transparency</p> <p>Dependability</p> <p>Fast Pace</p> <p>Trial and Error</p> <p>Positive Impact</p> <p>Resourcefulness</p> <p>Coaching</p> <p>Mentorship</p> <p>Problem-Solving</p> <p>Charisma</p>	<p>Learning From Mistakes</p>	
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<i>Values for Life</i> <i>Knowing your values will ensure that each decision fits your overall mission. These values are specific to your personal life</i>			
Self-Discipline	Restraint	Stewardship	Inner Truth
Family First	Consciousness	Wit	Righteousness
Friendship	Conformity	Comedy	Respect
Positive Attitude	Non-Conformity	Change the World	Non-Violence
Freedom	Modesty	Inspire Others	Tolerance
Creativity	Liveliness	Personal Expression	Patience
Happiness	Vivaciousness	Finesse	Altruism
This Too Shall Pass	Curiosity	Open-Mindedness	Sustainability
Adventure	Understanding	Natural Living	
Balance	Anti-Racism	Religion	
Wellness	Social Justice	Tradition	
Health and Fitness	Environmental Protection	Strength	
Personal Development	Animal Rights	Entertainment	
Spontaneity	Reliability	Pride in Your Work	
Extraordinary Experiences	Protecting Others	Trust Your Gut	
Travel	Self-Preservation	Harmony	
Love	Chasing Your Dreams	Implementation	
Exhilaration	Awareness	Free Time	
Exploration	Calmness	Leisure	
Financial Security	Community	Socializing	
Saving Money	Artistry	Laughter	
Self-Control	Experimentation	Peace of Mind	
	Imagination	Alone Time	
	Originality	Going with the Flow	
	Cleverness	Planning	

Many values may be instilled in you from your youth, while others may have found on your own. Values become especially evident when you meet someone raised entirely different from you.

For example, someone raised to value family traditions may always eat dinner around the table. On the other hand, a family who values sports and entertainment may spend their evenings and holidays eating dinner on the couch.

Similarly, a person raised to value charity may donate their extra money to a charitable cause. In contrast, someone who values frugality and financial independence may think putting their extra money in a savings account is best.

Someone who values beauty will spend their money on clothing or makeup, while someone who values health will budget more for fresh food and supplements.

So does it make sense to you now why someone's core values drive them in how they look at life and how they make big life decisions.

For example, a person who values freedom and adventure probably spend much of their time and money on travel. Maybe they decide not to have children or buy a house because they prefer to live as a digital nomad traveling the world.

However, someone who deeply values stability, security, and routine will craft their life differently. They may want to settle down, get married, and raise children in a nice neighborhood while working a corporate job. While they may vacation, they are less likely to make radical or spontaneous travel decisions like the example above.

This all comes down to what people want most out of life. None of these examples are right or wrong. Instead, they shine a light how different values play out in people's daily decisions.

Each person will follow their unique path based on their core values.

So there is no right or wrong here...these are Your Values, and Yours Alone 😊

So Step One:

Circle the values that resonate with you as read through, and notice if it lifts your vibration when you do.

Step Two:

Look at that list and prioritize the top 15 that lifts your vibration...1-15

Step Three:

Sit with these 15 for a day or so...then narrow those down to 5

These are your Top Driving Values. If you are not living these values, you will find it very challenging to love yourself from the inside out.

If you would like support in creating your "Roadmap to an Awesome Life Success" Let's talk.

Schedule a time that is convenient for us both to have a complimentary 30 planning session:

www.karenstultz.com/letstalk

To your Awesome Success and lots of
Warm Hugs,

Karen